Dear Families of Western Holt and West Boyd Catholic Parishes,

I apologize for just getting this information out to you, but I was waiting for the approval from various faith formation programs to be able to share their materials with you. I also wanted to give you some time to adjust to all the changes and JUST BREATHE. Maybe you feel overwhelmed and anxious and unequipped. Please know that I am available to help in any way possible. One way that I know I can be of service is to provide faith formation materials, so that families can continue to share the good news of God with others in a time when His good news is greatly needed! You may access various faith formation materials via an online learning structure named Canvas. Instructions to find these materials are included below.

Father Sund and I will also be offering religious education and youth group sessions live via Zoom from March 25th through April 15th. PreK-6th will meet from 6:00pm - 7:00pm and JH/HS will meet from 7:00-8:00pm. This is voluntary, and all are welcome. To join, please use the following links.

PreK-6th Religious Education: https://zoom.us/j/708717314

JH/HS Youth Group: https://zoom.us/j/307901298

To access Canvas, please go to the following website:

https://canvas.instructure.com/login/canvas & create an account as a student. The account is FREE. Then use the following URL's or codes to join the particular class you are interested in. You may join them all if you'd like! And if you have ideas for other classes, please let me know. I'd be happy to create more classes and gather more material to help families in any way possible during this difficult time!

- **Family Faith Formation:** This course provides reading materials on various Catholic faith topics for students in grades PreK-6th grade. You may print off any of the materials and go through them with your child. Or, if you'd like to pick up an already printed packet, you may do so at St. Patrick's Parish Office. They will be available for pickup in the front office. Just please let me know what materials you'd like printed, so I can have them ready! Lastly, I can mail the materials to you as well if you'd like! Just let me know which materials and what address you'd like them sent to!

This course has enabled open enrollment. Students can self-enroll in the course once you share with them this URL: https://canvas.instructure.com/enroll/XWF736.

Alternatively, they can sign up at https://canvas.instructure.com/register and use the following join code: XWF736

- **ALPHA YOUTH:** This course provides the videos and discussion questions from the non-denominational ALPHA program. It is tailored to JH and HS students. In the Discussion tab of this course, I have created forums for students to post responses to the videos and discussion questions and share their responses with other students throughout Western Holt and Boyd County Catholic Parishes.
 - This course has enabled open enrollment. Students can self-enroll in the course once you share with them this URL: https://canvas.instructure.com/enroll/69K9EC.
 Alternatively, they can sign up at https://canvas.instructure.com/register and use the following join code: 69K9EC
- **Keeping in Balance Bible Study**: this course provides Bible study materials for JH/HS students and adults. The study is from Walking with Purpose, a Catholic ministry out of Baltimore, and it is tailored for women, but I feel many of the activities and readings can benefit both men and women. I have been working through this Bible study the past couple of weeks, and it has been very rewarding spiritually and mentally! I will be posting my reflections from my experience with the study in this course in the Discussion tab in hopes my reflections will inspire you and/or bring your comfort in some way during this time. You are welcome to share your experiences in the discussions as well! We could all greatly benefit from gathering, sharing, and praying in whatever way possible!
- **Physical & Mental Health:** this course provides physical and mental health materials for all ages. I have a Bachelor's in Exercise Science and a Master's in Health & Wellness Coaching, and I'd like to share the materials I have acquired from achieving these degrees. I hope to use the conferencing feature in the course to provide live relaxation and/or exercise sessions in the near future to provide physical and mental health activities you can do right in your own home.
 - This course has enabled open enrollment. Students can self-enroll in the course once you share with them this URL: https://canvas.instructure.com/enroll/6L4GM3.
 Alternatively, they can sign up at https://canvas.instructure.com/register and use the following join code: 6L4GM3
- 2nd Grade First Reconciliation & First Communion: I am not able to download the materials we use for First Reconciliation and First Communion, but you are able to access them online for free by going to Dynamic Catholic: https://dynamiccatholic.com/blessed. There, you will find engaging and informative videos for young communicants. I have a student workbook, and I can make copies for pickup or mail delivery if so desired. Just please let me know!

These courses are a work in progress. By that, I mean I will continue to update them with more information as I gather it. If you have any questions on how to access it, please contact me!

Lastly, please join me invoking the intercession of St. Joseph, who is the patron saint of the Universal Church:

To you, O blessed Joseph, do we come in our tribulation. Through that charity which bound you to the immaculate Virgin Mother of God and through the paternal love with which you embraced the Child Jesus, we humbly beg you graciously to regard the inheritance which Jesus Christ has purchased by his Blood, and with your power and strength to aid us in our necessities.

O most loving father, ward off from us every contagion of error and corrupting influence; O our most mighty protector, be propitious to us and from heaven assist us in our struggle with the power of darkness; and, as once you rescued the Child Jesus from deadly peril, so now protect God's children from the snares of the enemy and from all adversity; shield, too, each one of us by your constant protection. **Amen.**

God Bless!

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